Course Specification

(Bachelor)

Course Title:	Basic adult care Nursing
Course Code:	NUR26231
Program:	Bachelor Sciences of Nursing
Department:	Nursing
College:	Applied Medical Sciences
Institution:	University of Bisha
Version:	6
Last Revision Date:	20-8- 2023

Table of Contents

A. General information about the course:

1. Course Identification

1. Credit hours: (3 +2)

2. Course type

A.	☐ University	☐ College	☒ Department	☐ Track	☐ Others
B.	☒ Required			☐ Elective	

3. Level/year at which this course is offered: (3rd year - Level -6)

4. Course general Description:

This course is designed to build-up the foundations of adult health care which help in the development of the student's intellectual and imaginative abilities. Consequently, it will facilitate the development of independent judgment, problem-solving skills and general and specific awareness. Students will apply their knowledge of pathophysiology, pharmacology, and physical assessment to diagnose and manage adults' problems. Moreover, such course will stimulate an enquiring and creative approach to both the theory and practice of advanced care and critical care nursing as the next courses. Emphasis is on rapid assessment, setting priorities, rapid decision-making, and appropriate nursing interventions. The course may include preoperative management, hypertension, disturbance in elimination, vascular alteration, dermatologic problems.

5. Pre-requirements for this course (if any):

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6. Pre-requirements for this course (if any):

NA

7. Course Main Objective(s):

- To provide undergraduate nursing students with knowledge and skills regarding adult health management, and improve students' abilities to think critically and creatively when managing patients, using the nursing process as a theoretical framework. Promote and maintain physical and psychosocial integrity of patients. Moreover, describe the nursing management of the patient with preoperative, pulmonary discords, altered in metabolism and absorption, gastrointestinal, cardiovascular, hematologic and dermatologic disorders..

2. Teaching mode (mark all that apply)

No	Mode of Instruction	Contact Hours	Percentage
1	Traditional classroom	37.5	35.7%
2	E-learning	7.5	7.1%
3	Hybrid ● Traditional classroom ● E-learning		
4	Distance learning		

No	Mode of Instruction	Contact Hours	Percentage
5	Practical learning	60	57.2%

3. Contact Hours (based on the academic semester)

No	Activity	Contact Hours
1.	**Lectures**	37.5
2.	**Laboratory/Studio**	50
3.	**Field**	40
4.	**ELearning**	7.5
5.	**Self- directed Learning**	127.5
Total		**262.5 hours**

B. Course Learning Outcomes (CLOs), Teaching Strategies and Assessment Methods

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
1.0	**Knowledge and understanding**			
1.1	List causes and clinical manifestations for basic adult conditions.	K1	Interactive lectures, Case studies, Pre lecture assignments Group discussion	Written test Oral test Electronic quiz
1.2	Identify appropriate management for adult care conditions such as vascular disorders, pain, perioperative issues, and iron deficiency anemia that reflect adult care issues in health care settings.	K2	Interactive lectures, Case studies Group discussion	Written test Oral test Electronic quiz
1.3	Describe health education issues provided to support patients and life style modification using nursing process.	K3	Interactive lectures, Case studies Group discussion	Written test Oral test Electronic quiz

Code	Course Learning Outcomes	Code of CLOs aligned with program	Teaching Strategies	Assessment Methods
2.0	Skills		Skills	
2.1	Demonstrate nursing skills regarding management of adult health problem using nursing process for different health problems.	S1	Case studies Clinical training, Group discussion NCLEX questions	Written test Field work Oral test Practical exams(OSCE) Case report
2.2	Provide safe and appropriate nursing care for adults and their families based on the best available evidence across the lifespan.	S2	Case studies Clinical training Group discussion NCLEX questions	Written test Field work Oral test Practical exams (OSCE,OSPE, and OSVE)
2.3	Evaluate nursing actions implemented for adult health problems and modify the plan of care occasionally depending on aspects of patients' conditions and care environment all the time required.	S3	Case studies Clinical training Group discussion NCLEX questions	Written test Field work Oral exam Practical exams (OSCE, OSPE, and OSVE)
3.0	Values, autonomy, and responsibility			
3.1	Take responsibility of self-learning	V1	Team based learning Role paly	Assignment Field work
3.2	Engage in effective teamwork, inter-agency and collaborative working with respect of legal and ethical issues.	V2	Team based learning Role paly	Assignment Field work
3.3	List causes and clinical manifestations for basic adult conditions.	V3	Team based learning Role paly	Assignment Field work

C. Course Content

No	List of Topics	Contact Hours
1.	Introduction to the course and pain management.	2
2.	Fluid and electrolytes balance and disturbance	2
3.	Oncology nursing management & cancer care	2
4.	Preoperative nursing management	1
5	Intraoperative nursing management	1
6	Post-Operative nursing management	1
7	Altered pulmonary function	9
8	Cardiovascular and circulatory function	9
9	Digestive and gastrointestinal function	9
10	Hematologic function	7
11	Management of Patients with dermatologic Problems	2
Total		45

D. Students Assessment Activities

No	Assessment Activities *	Assessment timing (in week no)	Percentage of Total Assessment Score
1.	Continuous assessment	All through	30
1.1	Field work -Case study report	12th	10
1.2	Electronic Quiz	3rd	10
1.4	E Assignment (individual)	5th	5
1.5	Oral exam	13th	5
2	Midterm exam -Theory	7th-	10
	Midterm exam -Practical		10
3	Final exam -Theory	16th	30
	Final exam -Practical		20
	Total		100

E. Learning Resources and Facilities

1. References and Learning Resources

Essential References	Simon Robinson and Owen Doody.Adult Nursing Books eBooks and Journals | Elsevier. ... Nursing & Healthcare Ethics. . Apr 2021. BRUNNER & SUDDARTH'S TEXT BOOK Of Medical – Surgical Nursing 13th edition 2016. Philadelphia: Lippincott Williams & Wilkins

	Lewis's Medical-Surgical Nursing: Assessment and Management of Clinical Problems, Single Volume 11th.
Supportive References	Delmers's- Fundamental and advanced Nursing skills, Delmar is a division of Thomson Learning. 2018 Sheryl Sommer, PhD, RN, CNE et al, RN ADULT MEDICAL SURGICAL NURSING EDITION 9.0- Derek Prater Publishers
Electronic Materials	- https://uk.sagepub.com/en-gb/eur/essentials-of-nursing-adults/book252097 - https://journal.ilpnetwork.org/articles/10.31389/jltc.16/ https://www.WHO.com
Other Learning Materials	Blackboard materials – digital library

2. Required Facilities and equipment

Items	Resources
Facilities	1. Accommodation (Classrooms, laboratories, demonstration rooms/labs, etc.) - Size of classroom appropriate - E- learning lab - Clinical training in hospital suitable for student - Nursing lab
Technology equipment	- Data show - Blackboard - Laptop computer - Computer based simulator Project system
Other equipment	- E- books electronic - Online US Library

F. Assessment of Course Quality

Assessment Areas/Issues	Assessor	Assessment Methods
Effectiveness of teaching	Program Leaders Peer Reviewer Students Faculty Academic performance follows up committee. Students GPA	Direct / indirect Direct
Effectiveness of Students assessment	Program Leaders Peer Reviewer Students Faculty Academic performance follows up committee.	Direct / indirect

Assessment Areas/Issues	Assessor	Assessment Methods
	Examination committee	
Quality of learning resources	Program Leaders Peer Reviewer Students Faculty PLOs assessment committee	
The extent to which CLOs have been achieved	Program Leaders Peer Reviewer Students Faculty Academic performance follows up committee. Examination committee Students Results	Direct / Indirect
Other		

Assessors (Students, Faculty, Program Leaders, Peer Reviewer, Others (specify)

Assessment Methods (Direct, Indirect)

G. Specification Approval

COUNCIL /COMMITTEE	DEPARTMENT COUNCIL
REFERENCE NO.	1/44/45
DATE	21-8-2023